



Bless it Forward Ministries
Bible Reading/Journaling/Inscribe Plan

October

Breathe.... in God's love, grace, and mercy

When the busyness of life leaves you breathless, I invite you to Breathe in God's love, grace, and mercy.
Breathe out your worries and doubts. Breathe in God's presence. Breathe out your frustrations and defeats.
Breathe in the cleansing power of the Holy Spirit. Breathe out negative thoughts and ill feelings. As you dig into Gods word

1 John 15:13	16 Matthew 18:21-22
2 Micah 7:18	17 Colossians 2:13-14
3 Romans 5:21	18 1 Peter 1:3
4 Isaiah 43:25	19 2 Corinthians 2:14
5 Isaiah 46:10	20 Hebrews 4:15
6 Matthew 6:34	21 Psalm 145:13
7 Isaiah 64:4	22 2 Thessalonians 1:11
8 Philippians 4:19	23 1 Thessalonians 5:9-11
9 Psalm 34:6	24 Matthew 22:37
10 Matthew 6:6	25 Matthew 7:21
11 Exodus 16:4	26 Acts 4:12
12 Psalm 62:5-6	27 Matthew 16:27
13 Ephesians 4:26-27	28 John 14:23
14 Galatians 2:20	29 1 Corinthians 13:5
15 Romans 7:19	30 Psalm 130:3-4
	31 John 6:28-29

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Many Blessings
Emma Vickers

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