



## Resting & Renewing

Sometimes the mountains of life can take it out of us, but we must remember that God is always going before us, and will give us room to breath and be refresh in every season of our lives. I hope that these uplifting verses will bring you peace and refresh your spirit today.



Day 1 - Job 33:4

Day 2 - Psalm 31:6-7

Day 3 - Exodus 33:14

Day 4 - Psalm 34:1-4

Day 5 - Psalm 61:3-5

Day 6 - Psalm 62:1-2

Day 7 - Psalm 119:73

Day 8- Psalm 150:6

Day 9 - Ezekiel 37:5 Day 10 - Acts 17:25 Day 11 - Ephesians 4:30

Day 12 - Psalm 19:7

Day 13 - Palm 23:1-3

Day 14 - Psalm 68:9

Day 15 - Jeremiah 31:25

Day 16 - Proverbs 11:25

Day 17 - Psalm 51:10-12

Day 18 - 2 Corinthians 4:16

Day 19 - Isaiah 40:30-31

Day 20 - Matthew 11:28-30

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Many Blessings Emma Vickers

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